

# WEEK 1 MENU

WEEKS: 13/04, 04/05, 01/06, 22/06, 13/07, 31/08, 21/09, 12/10

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

THE  
MAIN EVENT

Gourmet American Style  
Hot dog with Toppings  
Served with Baked Cajun  
Wedges and Sweetcorn

Homemade Beef Lasagne  
served with Garlic &  
Herb Bread, Seasonal  
Vegetables or Mixed  
Salad

Sweet & Sour Chicken  
served Noodles or Egg  
Fried Rice & Stir fried  
Vegetables

Roast Chicken  
served with Roast  
Potatoes, Carrots,  
Broccoli, Yorkshire  
Pudding and Gravy

Battered Fish Fillet  
Served with Chips,  
Garden Peas or Beans

MEAT FREE

Gourmet American  
Style Vegan Hot dog  
with Toppings Served  
with Baked Cajun  
Wedges and Sweetcorn

Homemade Vegetarian  
Lasagne Served with  
Garlic & Herb Bread,  
Seasonal Vegetables or  
Mixed Salad

Sweet & Sour  
Vegetables served  
Noodles or Egg Fried  
Rice & Stir fried  
Vegetables

Cauliflower & Broccoli  
Cheese served with  
Roast Potatoes, Carrots,  
Broccoli, Yorkshire  
Pudding and Gravy

Vegan Quorn Sausage  
Served with Chips,  
Garden Peas  
or Baked Beans

JACKET  
station

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

DELI DEAL

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

JUST  
Desserts

Choose One of Our  
Fabulous Desserts  
Chocolate Brownie  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Toffee Apple crumble  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Victoria Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One Dessert  
Fabulous Desserts  
Pineapple Cake  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Jam & Coconut Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



### THE MAIN EVENT

Chilli Beef Enchiladas  
Served with Mexican  
Vegetable Rice & Salsa

Smokey BBQ Pulled  
Pork in a Bap  
Served with Crispy  
Diced potatoes & Slaw

Marinated Jerk  
Chicken Drumsticks  
Served with  
Rice & Beans

Roast Pork Lion served  
with Roast Potatoes,  
Carrots, Cabbage,  
Yorkshire Pudding and  
Gravy

Battered Fish Fillet  
Served with Chips,  
Garden Peas or Beans



### MEAT FREE

Vegan Chilli Beef  
Enchiladas  
Served with Mexican  
Vegetable Rice & Salsa

Smokey BBQ Quorn  
Sausage a Bap  
Served with Crispy  
Diced potatoes & Slaw

Jerk Vegetable  
& Bean Stew  
Served with  
Braised Rice

Quorn Fillet served  
with Roast Potatoes,  
Carrots, Cabbage,  
Yorkshire Pudding and  
Gravy

Vegetable Nuggets  
served with Chips,  
Garden Peas  
or Baked Beans



### JACKET station

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad

Jacket Potato with a  
selection of topping  
Served with Fresh  
Salad



### DELI DEAL

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots

Selection of Delicious  
Filled Breads,  
Healthy Salads, Poke  
Bowls and Pasta Pots



### JUST Desserts

Choose One of Our  
Fabulous Desserts  
Peach & Vanilla  
Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Apple & Berry Crumble  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Carrot Cake  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One Dessert  
Fabulous Desserts  
Lemon Drizzle Cake  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Banoffee Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



### THE MAIN EVENT

Gourmet Burger Day with Toppings Served with Sliced Sauteed Potatoes and Boston Beans

Spiced Chicken Fajita Wrap Served Sweet Potato Wedges, Peas & Sweetcorn

Chicken Tikka Masala Served with Pilau Rice, Naan Bread Fingers & Cucumber Rita

Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Battered Fish Fillet Served with Chips, Garden Peas or Beans



### MEAT FREE

Gourmet Burger Day with Toppings Served with Sliced Sauteed Potatoes and Boston Beans

Spiced Vegetable Fajita Wrap Served Sweet Potato Wedges, Peas & Sweetcorn

Butternut Squash & Chickpea Korma Served with Pilau Rice, Naan Bread Fingers & Cucumber Rita

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans



### JACKET station

Jacket Potato with a selection of topping Served with Fresh Salad

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Jacket Potato with a selection of topping Served with Fresh Salad

Jacket Potato with a selection of topping Served with Fresh Salad



### DELI DEAL

Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots

Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots

Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots

Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots

Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots



### JUST Desserts

Choose One of Our Fabulous Desserts  
Chocolate Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Mixed Berry Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Apple Sponge & Custard  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One Dessert Fabulous Desserts  
Banana Cake  
Fruit Yogurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jaffa Style Sponge  
Fruit Yogurt & Coulis  
Fresh Fruit Pot